



Inc VTТА M/CR & NW Presents their Open 25 Mile Time Trial (Cheshire Points Series 16 of 20) On Saturday 27th July 2019 @ 2.00pm

The event is 'Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations'.

Event Secretary:

Charles Carraz. 36 Barkers Lane, Sale, Cheshire M33 6RG. H: 0161 4786894 M: 0778 9747116 Email: seamonsttsec@hotmail.co.uk

Event HQ:

Allostock Village Hall, Chapel Lane, Cheshire, WA16 9LN. Signposted off the A50 Holmes Chapel to Knutsford road (3 miles north of Holmes Chapel).

Directions To Start:

Please note the start is 5 miles from the HQ so please allow plenty of time to get there. Leave HQ and turn right on to London Road/A50. After 0.5 miles turn left on to New Platt Lane. After 1 mile turn left on to Main Road and ride through Goostrey. After 1 mile turn left at the Church on to Blackden Lane. Bear right on to Bomish Lane and continue for 2.5 miles. The start is shortly after Jodrell Bank.

Time Keepers:

Graham Lawrence (start) and Bob Norton (finish)

Prize List: (1 prize per rider except team prize and VTТА M/CR & NW prize)

	Overall	Ladies	Vets on Std	VTТА M/CR & NW member on Std	Handicap	Team of 3
1st	£50	£50	£50	£30	£50	£30/rider
2nd	£40	£40	£40	£25	£40	
3rd	£30	£30	£30	£20	£30	
4th	£20	£20	£20		£20	
5th	£10	£10	£10		£10	

The overall winner receives the Dennis Chapman trophy for one year and two tickets to the Seamons CC dinner in February. The fastest M&NW VTТА rider with the best aggregate times from both the Janus RC 25 and the Seamons CC 25 to hold the VTТА Manchester & North West Group 25 Mile Championship Cup for 12 months.

There have been a numerous road works this year on the course. In case the J2/9 is unavailable, please make yourself familiar with the J4/8 as an alternative. <http://manchesterctt.org.uk/J%204-8%20Rev%20March%202017.pdf>

COURSE J 2/9 25 miles

START

At A "JS2" mark in Bomish Lane (Jodrell Bank to Goostrey road). At a telegraph pole No 2 approx. 300yds west of the A535.

Proceed East to the A535 and forward on the A535 to:-

CHELFORD ISLAND 2.169 m

2nd exit left on the A537 to Seven Sisters lane at:-

OLLERTON CROSS ROADS 5.219 m

left along the lane to the A50 and left on the A50 to Twemlow Lane at:-

CRANAGE 11.408 m left into and along the lane to join the A535 at

Twemlow Green, left to:-

CHELFORD ISLAND 18.064 m

2nd exit left on the A537 to Seven Sisters Lane at

OLLERTON CROSS ROADS 21.052 m

left along the lane to the A50 and, left on the A50 to:-

FINISH 25.000 m

At a "JF2" mark opposite the right hand field gate post opposite and just before the entrance to the Mount Pleasant Nursing Home approx. 200 yards after Mangoletsi Car dealership.

Directions from the finish:

Turn right shortly after the finish on to Chapel Lane.

SAFETY NOTES

1. No parking at the start or finish. Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home, opposite the finish.
2. Riders must not stop at the finish but should continue on to the event headquarters where times will be displayed.
3. Competitors must ride in a safe manner within the rules of the roads and not take risks. Bicycles must be safe to ride according to Regulation 14.
4. Riders must be able to brake and stop at Chelford island if traffic conditions require this. **Riders MUST NOT approach and encircle Chelford island using tri-bars.** Remember - traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.
5. Care At Road Junctions. Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.
6. Riders must take **extra care when exiting from Seven Sisters Lane** onto the A50. **Observers will report riders** who breach this rule.
7. Riders must take care when turning left into Seven Sisters Lane and Twemlow Lane not to swing right into the path of following traffic.
8. Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.
9. IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety. In accordance with Regulation 15 ALL JUNIOR & JUVENILE competitors must wear Protective Hard Shell Helmets.
10. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
11. Following, preceding or accompanying vehicles are NOT permitted during this event. This is covered in Regulation 22 and contravention will result in riders being called to a disciplinary hearing by the District Committee.

GENERAL NOTES

1. Riders must sign the signing on sheet and collect their number at the HQ before starting.
2. Riders must return their number to the HQ after riding and sign out.
3. Refreshments will be available at the HQ after the event.
4. Please note the HQ is booked for another event at 5.45pm.

Sponsored Clubs (whose full names are too long to fit in the Club Field)

Warrington Road Club – Horton Light Engineering/RS Cyclesport

Coveryourcar.co.uk – Fitted and Tailored Car Covers

No	Time	Rider	Club	H'Cap	VTTA Std	
1	14:01	Ronan O'cualain	Seamons CC	0:45:00	01:06:27	V
2	14:02	Fraser Snape	North Lancashire Road Club	0:48:20	01:08:26	V
3	14:03	Chris Wilcox	Lyme Racing Club	0:49:40	01:09:16	V
4	14:04	Mark Wilkinson	Element Cycling Team	0:53:20	-	E
5	14:05	Thomas Garbett	Total Tri Training	0:43:20	-	S
6	14:06	Tim Marshall	Seamons CC	0:46:00	01:06:40	V
7	14:07	Paul Mannion	Manchester Triathlon Club	0:49:20	01:09:03	V
8	14:08	Brandon Edgeley	Crewe Clarion Whs	0:51:20	01:07:16	V
9	14:09	Kerry Gleave	Congleton CC	1:03:40	01:14:58	FV
10	14:10	Simon Deeley	Team HUUB	0:42:00	01:06:14	V
11	14:11	Nigel Wood	Seamons CC	0:44:00	01:09:16	V

12	14:12	Robbie Harcourt	VTTA (Manchester & NW Group)	0:48:00	01:09:16	V
13	14:13	Stephen Wilkinson	Element Cycling Team	0:50:20	01:10:47	V
14	14:14	Kenneth Trigger	Crewe Clarion Whs	0:57:00	01:12:51	V
15	14:15	Gary Tye	Preston CC	0:43:00	01:08:03	V
16	14:16	Mark Cleverley	3C Test Team	0:46:40	01:08:15	V
17	14:17	Graham Peel	Crewe Clarion Whs	0:49:27	-	S
18	14:18	Andrew Jenkins	Congleton CC	0:52:40	01:07:16	V
19	14:19	David Griffiths	Crewe Clarion Whs	NQT	01:17:01	V
20	14:20	Alistair Rutherford	Secret-training CC	0:41:20	-	S
21	14:21	Martin Wiggan	Seamons CC	0:45:00	01:07:16	V
22	14:22	Tobias Edwards	Huddersfield Star Whs	0:48:00	-	E
23	14:23	Andrew Moss	Crewe Clarion Whs	0:50:20	01:07:51	V
24	14:24	Richard Warren	Liverpool Braveheart Bicycle Club	0:56:20	01:07:16	V
25	14:25	Paul Grindley	Liverpool Century RC	0:43:00	01:09:16	V
26	14:26	Alan Chell	Crewe Clarion Whs	0:46:40	01:07:28	V
27	14:27	Neil Cooper	Liverpool Century RC	0:49:20	01:08:26	V
28	14:28	George Aldridge	Birkenhead North End CC	0:52:40	01:12:27	V
29	14:29	Vic Trigger	Crewe Clarion Whs	1:05:20	01:15:12	V
30	14:30	Adrian Hughes	Seamons CC	0:40:00	01:08:26	V
31	14:31	Christopher Dursley	Coveryourcar.co.uk RT	0:44:40	01:07:51	V
32	14:32	Mark Berry	Rossendale RC	0:48:00	01:06:00	V
33	14:33	Ian Cox	Trafford Road Club	0:50:20	01:06:52	V
34	14:34	Keith Large	Crewe Clarion Whs	NQT	01:07:28	V
35	14:35	Chris Siepen	Seamons CC	0:43:00	01:06:14	V
36	14:36	David Wright	Warrington Road Club	0:46:20	01:10:14	V
37	14:37	Mark Pryal	Seamons CC	0:49:20	01:07:51	V
38	14:38	Michelle Fairclough	Salford Cycling Club	0:52:40	01:12:19	FV
39	14:39	Alison Stephenson	Congleton CC	1:02:40	01:13:38	FV
40	14:40	Ethan Vernon	Team Inspired	NQT	-	E
41	14:41	Stephen Smout	North Shropshire Wheelers	0:57:20	01:07:51	V
42	14:42	John Fairhurst	Port Sunlight Wheelers	NQT	01:09:03	V
43	14:43	Richard Coates	Leek CC - Den Engel Belgian Bar	0:50:20	01:08:51	V
44	14:44	Andrew Grace	Crewe Clarion Whs	0:53:40	01:11:05	V
45	14:45	John Cripps	Leigh Premier Road Club	0:42:40	-	S
46	14:46	Paul Whittaker	Stockport Clarion CC	0:46:20	01:07:40	V
47	14:47	Robert Taylor	Crewe Clarion Whs	0:49:20	01:06:00	V
48	14:48	Chris Yianni	Withington Wheelers	0:52:34	01:09:16	V
49	14:49	Lesley Norbury	Congleton CC	1:01:20	01:17:14	FV
50	14:50	Toby Williams	Velotik Racing Team	0:40:30	-	S
51	14:51	John Spearman	Seamons CC	0:44:20	01:07:16	V
52	14:52	Stephen I'anson	Buxton CC/Sett Valley Cycles	0:48:00	01:11:05	V
53	14:53	Steven Hazeldine	Stone Wheelers CC	0:50:00	01:08:38	V
54	14:54	Chris Barlow	Holmes Chapel Velo	0:54:20	-	S
55	14:55	Daryl May	Sheffrec CC	0:42:40	01:07:05	V
56	14:56	Kevin Blades	Team Lusso	0:46:20	01:07:40	V
57	14:57	Patrick Beilby	Velo Club Long Eaton	0:49:20	01:08:51	V
58	14:58	Ian Wilson	Crewe Clarion Whs	NQT	01:09:44	V
59	14:59	Derek Hodgins	Stockport Clarion CC	0:59:40	01:25:31	V
60	15:00	Alan Chorley	Seamons CC	0:39:30	01:07:40	V
61	15:01	Robin Green	Runcorn CC	0:44:20	01:07:40	V
62	15:02	Tim Rex	North Shropshire Wheelers	0:48:00	01:07:16	V
63	15:03	Gerard Barker	Crewe Clarion Whs	NQT	01:09:44	V
64	15:04	Nicola Fairhurst	Port Sunlight Wheelers	NQT	01:13:38	FV
65	15:05	Rhys Britton	Team Inspired	NQT	-	E
66	15:06	Ian Ralphs	Warrington Road Club	0:46:00	01:08:51	V

67	15:07	Craig Sephton	Weaver Valley CC	0:49:00	01:07:40	V
68	15:08	Mike Dyson	Port Sunlight Wheelers	NQT	01:09:16	V
69	15:09	Nev Ashman	Manchester Velo Cycle Racing Club	0:58:40	01:20:06	V
70	15:10	Peter Hutchinson	3C Test Team	NQT	-	S
71	15:11	Jack Smith	Innovation Racing	0:44:00	-	E
72	15:12	Stephen Sladin	Congleton CC	0:47:40	01:08:26	V
73	15:13	Greg Dancer	Stone Wheelers CC	0:50:00	01:11:44	V
74	15:14	Hannah Bruce	Manchester Triathlon Club	0:53:40	-	FS
75	15:15	Mat Stephenson	Congleton CC	0:45:00	01:08:15	V
76	15:16	Simon Watson	Buxton CC/Sett Valley Cycles	0:45:56	01:06:52	V
77	15:17	Claire Harrison	Pro Vision Cycle Clothing	0:49:20	01:12:46	FV
78	15:18	Steve Marlow	Weaver Valley CC	0:51:40	01:11:44	V
79	15:19	Jane Yianni	Withington Wheelers	0:58:00	01:14:31	FV
80	15:20	Darren Maironis	Transition Race Team	0:39:00	01:07:16	V
81	15:21	Steve Aston	Wrexham RC	0:44:00	01:06:27	V
82	15:22	Rob Jones	Runcorn CC	0:47:40	01:07:51	V
83	15:23	Andrew Pyatt	Janus Road Club	0:50:00	01:07:28	V
84	15:24	Stephen Longdon	Stretford Wheelers CC	0:57:00	01:11:24	V
85	15:25	Sam Taylor	Weaver Valley CC	0:42:00	-	S
86	15:26	Jamie Humphries	Westmead Team 88	0:47:00	01:06:52	V
87	15:27	Simon Bills	Pro Vision Cycle Clothing	NQT	01:09:03	V
88	15:28	Steve Mcquade	Crewe Clarion Whs	0:53:00	01:08:51	V
89	15:29	Adrian Murphy	Salford Cycling Club	NQT	-	S
90	15:30	Daniel Chesters	Preston CC	NQT	01:06:27	V
91	15:31	Andy Milligan	Weaver Valley CC	0:45:40	01:08:26	V
92	15:32	Martin Harney	Manchester Bicycle Club	0:47:20	01:09:16	V
93	15:33	Duncan Poole	Congleton CC	0:50:20	01:07:16	V
94	15:34	Andy Whitehead	Seamons CC	0:53:00	01:09:16	V
95	15:35	Rod Mason	Stockport Clarion CC	0:42:00	01:06:40	V
96	15:36	Kelvin Milward	Congleton CC	0:45:40	01:09:30	V
97	15:37	Tim Whitefoot	Crewe Clarion Whs	0:49:00	01:06:27	V
98	15:38	Graeme Mc Culloch	Stretford Wheelers CC	0:51:00	01:09:30	V
99	15:39	Alan Roberts	Stone Wheelers CC	0:58:00	01:14:10	V
100	15:40	Ben Norbury	Congleton CC	0:40:00	-	S
101	15:41	Shaun Mchugh	Transition Race Team	0:44:00	01:07:05	V
102	15:42	Stephen Turner	Westmead Team 88	0:47:20	01:09:59	V
103	15:43	Derek Schofield	Rossendale RC	0:49:40	01:12:05	V
104	15:44	John Fidler	Crewe Clarion Whs	0:56:00	01:11:05	V
105	15:45	Kevin Larmer	Port Sunlight Wheelers	0:42:00	01:07:40	V
106	15:46	Edward Chilton	Liverpool Phoenix CC (Aintree)	0:45:40	-	S
107	15:47	Cecil Hopkinson	Wigan Whs CC	0:48:20	01:12:27	V
108	15:48	Ian Casson	Birkenhead Victoria CC	0:52:40	01:12:05	V
109	15:49	Milly Deer	North Shropshire Wheelers	0:57:20	-	FE
110	15:50	Alexander Royle	Manchester Bicycle Club	0:40:20	-	S
111	15:51	Andy Nichols	B38/Cycles In Motion	0:46:30	-	S
112	15:52	Anthony Lock	Rapha Cycling Club	0:47:20	-	S
113	15:53	Tony Perrin	Stone Wheelers CC	0:49:30	01:09:44	V
114	15:54	Terry Bolland	Harry Middleton CC	0:53:00	01:09:03	V
115	15:55	Joe Nally	Team Inspired	NQT	-	E
116	15:56	Paul Connor	Weaver Valley CC	0:45:40	01:07:28	V
117	15:57	Mark Curley	Crewe Clarion Whs	0:48:20	01:06:27	V
118	15:58	David Fox	Warrington Road Club	0:48:00	01:09:16	V
119	15:59	Daniel Mathers	Seamons CC	0:44:40	01:07:16	V
120	16:00	Ethan Hayter	VC de Londres	NQT	-	E